

## 2019 Regional Health Premiums Contracting Agencies Health Maintenance Organization Plans Only June PHBC Final Proposed Premiums

Basic	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
<b>Basic Premium Rates - Bay Area</b>							
<i>Alameda, Amador, Contra Costa, Marin, Napa, Nevada, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, and Yuba</i>							
Anthem HMO Select	\$856.41	\$1,712.82	\$2,226.67	\$831.44	\$1,662.88	\$2,161.74	-2.92%
Anthem HMO Traditional	925.47	1,850.94	2,406.22	1,111.13	2,222.26	2,888.94	20.06%
Blue Shield Access+	889.02	1,778.04	2,311.45	970.90	1,941.80	2,524.34	9.21%
Health Net SmartCare	863.48	1,726.96	2,245.05	901.55	1,803.10	2,344.03	4.41%
Kaiser CA	779.86	1,559.72	2,027.64	768.25	1,536.50	1,997.45	-1.49%
UnitedHealthcare	1,371.84	2,743.68	3,566.78	0.00	0.00	0.00	N/A
Western Health Advantage	792.56	1,585.12	2,060.66	767.01	1,534.02	1,994.23	-3.22%
<b>Basic Premium Rates - Sacramento Area</b>							
<i>El Dorado, Placer, Sacramento, and Yolo</i>							
Anthem HMO Select	\$942.29	\$1,884.58	\$2,449.95	\$946.14	\$1,892.28	\$2,459.96	0.41%
Anthem HMO Traditional	1,054.62	2,109.24	2,742.01	1,178.79	2,357.58	3,064.85	11.77%
Blue Shield Access+	806.71	1,613.42	2,097.45	881.01	1,762.02	2,290.63	9.21%
Health Net SmartCare	980.82	1,961.64	2,550.13	0.00	0.00	0.00	N/A
Kaiser CA	703.96	1,407.92	1,830.30	687.99	1,375.98	1,788.77	-2.27%
UnitedHealthcare	831.42	1,662.84	2,161.69	928.85	1,857.70	2,415.01	11.72%
Western Health Advantage	744.79	1,489.58	1,936.45	696.68	1,393.36	1,811.37	-6.46%
<b>Basic Premium Rates - Los Angeles Area</b>							
<i>Los Angeles, San Bernardino, and Ventura</i>							
Anthem HMO Select	\$660.17	\$1,320.34	\$1,716.44	\$627.07	\$1,254.14	\$1,630.38	-5.01%
Anthem HMO Traditional	784.72	1,569.44	2,040.27	878.48	1,756.96	2,284.05	11.95%
Blue Shield Access+	613.29	1,226.58	1,594.55	669.75	1,339.50	1,741.35	9.21%
Health Net Salud y Más	404.32	808.64	1,051.23	356.50	713.00	926.90	-11.83%
Health Net SmartCare	577.15	1,154.30	1,500.59	584.27	1,168.54	1,519.10	1.23%
Kaiser CA	642.70	1,285.40	1,671.02	618.64	1,237.28	1,608.46	-3.74%
UnitedHealthcare	602.78	1,205.56	1,567.23	669.61	1,339.22	1,740.99	11.09%
<b>Basic Premium Rates - Other Southern California</b>							
<i>Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego, San Luis Obispo, Santa Barbara, and Tulare</i>							
Anthem HMO Select	\$659.69	\$1,319.38	\$1,715.19	\$625.07	\$1,250.14	\$1,625.18	-5.25%
Anthem HMO Traditional	735.08	1,470.16	1,911.21	830.89	1,661.78	2,160.31	13.03%
Blue Shield Access+	695.97	1,391.94	1,809.52	760.04	1,520.08	1,976.10	9.21%
Health Net Salud y Más	461.56	923.12	1,200.06	427.81	855.62	1,112.31	-7.31%
Health Net SmartCare	607.68	1,215.36	1,579.97	642.71	1,285.42	1,671.05	5.76%
Kaiser CA	666.80	1,333.60	1,733.68	628.63	1,257.26	1,634.44	-5.72%
Sharp	618.14	1,236.28	1,607.16	593.66	1,187.32	1,543.52	-3.96%
UnitedHealthcare	616.66	1,233.32	1,603.32	646.65	1,293.30	1,681.29	4.86%
<b>Basic Premium Rates - Other Northern California</b>							
<i>Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra, Siskiyou, Stanislaus, Tehama, Trinity, and Tuolumne</i>							
Anthem HMO Select	\$910.90	\$1,821.80	\$2,368.34	\$592.23	\$1,184.46	\$1,539.80	-34.98%
Anthem HMO Traditional	954.75	1,909.50	2,482.35	1,334.38	2,668.76	3,469.39	39.76%
Blue Shield Access+	894.43	1,788.86	2,325.52	976.81	1,953.62	2,539.71	9.21%
Kaiser CA	795.43	1,590.86	2,068.12	783.13	1,566.26	2,036.14	-1.55%
UnitedHealthcare	1,205.55	2,411.10	3,134.43	0.00	0.00	0.00	N/A
Western Health Advantage	744.79	1,489.58	1,936.45	696.68	1,393.36	1,811.37	-6.46%
<b>Basic Premium Rates - Out of State</b>							
Kaiser Out of State	\$957.05	\$1,914.10	\$2,488.33	\$964.68	\$1,929.36	\$2,508.17	0.80%

**2019 Regional Health Premiums**  
**Contracting Agencies - Preferred Provider Organization (PPO) Plans Only**  
**June PHBC Final Proposed Premiums - With PERSCare Premium Adjustment**

Basic	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
<b>Basic Premium Rates - Bay Area</b>							
Alameda, Amador, Contra Costa, Marin, Napa, Nevada, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, and Yuba							
PERS Choice	\$800.27	\$1,600.54	\$2,080.70	\$866.27	\$1,732.54	\$2,252.30	8.25%
PERS Select	717.50	1,435.00	1,865.50	543.19	1,086.38	1,412.29	-24.29%
PERSCare	882.45	1,764.90	2,294.37	1,131.68	2,263.36	2,942.37	28.24%
<b>Basic Premium Rates - Sacramento Area</b>							
El Dorado, Placer, Sacramento, and Yolo							
PERS Choice	\$735.38	\$1,470.76	\$1,911.99	\$798.58	\$1,597.16	\$2,076.31	8.59%
PERS Select	684.90	1,369.80	1,780.74	508.68	1,017.36	1,322.57	-25.73%
PERSCare	797.61	1,595.22	2,073.79	1,027.99	2,055.98	2,672.77	28.88%
<b>Basic Premium Rates - Los Angeles Area</b>							
Los Angeles, San Bernardino, and Ventura							
PERS Choice	\$620.39	\$1,240.78	\$1,613.01	\$654.50	\$1,309.00	\$1,701.70	5.50%
PERS Select	573.21	1,146.42	1,490.35	420.77	841.54	1,094.00	-26.59%
PERSCare	673.73	1,347.46	1,751.70	843.78	1,687.56	2,193.83	25.24%
<b>Basic Premium Rates - Other Southern California</b>							
Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego, San Luis Obispo, Santa Barbara, and Tulare							
PERS Choice	\$698.96	\$1,397.92	\$1,817.30	\$721.11	\$1,442.22	\$1,874.89	3.17%
PERS Select	654.74	1,309.48	1,702.32	462.71	925.42	1,203.05	-29.33%
PERSCare	733.50	1,467.00	1,907.10	907.29	1,814.58	2,358.95	23.69%
<b>Basic Premium Rates - Other Northern California</b>							
Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra, Siskiyou, Stanislaus, Tehama, Trinity, and Tuolumne							
Anthem EPO Del Norte	\$813.96	\$1,627.92	\$2,116.30	\$866.95	\$1,733.90	\$2,254.07	6.51%
PERS Choice	813.96	1,627.92	2,116.30	866.95	1,733.90	2,254.07	6.51%
PERS Select	691.78	1,383.56	1,798.63	511.34	1,022.68	1,329.48	-26.08%
PERSCare	866.93	1,733.86	2,254.02	1,085.83	2,171.66	2,823.16	25.25%
<b>Basic Premium Rates - Out of State</b>							
PERS Choice	\$661.45	\$1,322.90	\$1,719.77	\$630.41	\$1,260.82	\$1,639.07	-4.69%
PERSCare	718.98	1,437.96	1,869.35	813.47	1,626.94	2,115.02	13.14%

Medicare	2018			2019			Percent Change
	Single	2-Party	Family	Single	2-Party	Family	
<b>Medicare Premium Rates - All Regions</b>							
PERS Choice	\$345.97	\$691.94	\$1,037.91	\$360.41	\$720.82	\$1,081.23	4.17%
PERS Select	345.97	691.94	1,037.91	360.41	720.82	1,081.23	4.17%
PERSCare	382.30	764.60	1,146.90	394.83	789.66	1,184.49	3.28%